

## General Health Resources

**MEDLINEPLUS** <http://medlineplus.gov/>

MedlinePlus is the National Library of Medicine's web site for **free** consumer health information. It is a selective list of authoritative health information resources from the National Institutes of Health (NIH) and other organizations.

- Over 700 health topics
- Generic, brand name prescription and over the counter drugs
- An illustrated medical encyclopedia
- Medical dictionary
- Clinical research studies
- Directories that include locations and credentials of doctors, dentists and hospitals

### **MEDLINEPLUS AFRICAN AMERICAN HEALTH**

<http://www.nlm.nih.gov/medlineplus/africanamericanhealth.html>

### **Alzheimer's Association: African Americans and Alzheimer's Disease**

<http://tinyurl.com/2skswp>

Information about the impact of Alzheimer's in the Black/African American community.

### **Black American Web Health & Fitness**

<http://www.blackamericaweb.com/>

A partnership between the Office of Minority Health and Black American Web

## *NN/LM*

The National Network of Libraries of Medicine (NN/LM), coordinated by the National Library of Medicine, is a nationwide network of over 4,500 health science libraries and information centers. NN/LM libraries provide a variety of services to health professionals and to the public.



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### **NATIONAL WOMEN'S HEALTH INFORMATION CENTER**

<http://www.womenshealth.gov/>

A gateway to a vast array of Federal and other women's health information resources.

### **AFRICAN AMERICAN WOMEN**

<http://www.womenshealth.gov/minority/africanamerican/>

Includes links to health topics of special concern to African American women.

### **National Medical Association**

<http://www.nmanet.org/>

The NMA promotes the collective interests of physicians and patients of African descent. They serve as the collective voice of physicians of African descent and they are a leading force for parity in medicine, elimination of health disparities and promotion of optimal health.

### **NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE KIDNEY DISEASES**

<http://diabetes.niddk.nih.gov/>

Information on a broad spectrum of metabolic diseases such as diabetes and endocrine disorders.

### **HEALTH INFORMATION PUBLICATIONS**

<http://www2.niddk.nih.gov/HealthEducation/default>

### **EASY TO READ PUBLICATIONS**

<http://www2.niddk.nih.gov/HealthEducation/HealthEzToRead>

## General Health Resources

### **Healthfinder**

<http://www.healthfinder.gov/>

Healthfinder is a free gateway to reliable consumer health and human services information.

### **BlackHealthcare.com**

<http://blackhealthcare.com/>

A culturally oriented and ethnically focused comprehensive internet-based health and medical information provider dedicated to addressing the special health problems of African-Americans.

### **Closing the Gap**

<http://www.omhrc.gov/healthgap/index>

A national campaign to bring the best health information to African Americans and other communities of color, and to help consumers take charge of their health.

### **Journey to Wellness**

<http://www.journeytowellness.com/>

This online health magazine and community is designed to provide credible health information for African-Americans in a consumer-friendly format.



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### NATIONAL HEART, LUNG, AND BLOOD INSTITUTE

[http://www.nhlbi.nih.gov/health/pubs/pub\\_gen.htm](http://www.nhlbi.nih.gov/health/pubs/pub_gen.htm)  
Booklets with information on diet, cholesterol, physical fitness and more.

### HEART HEALTHY COOKING AFRICAN AMERICAN STYLE

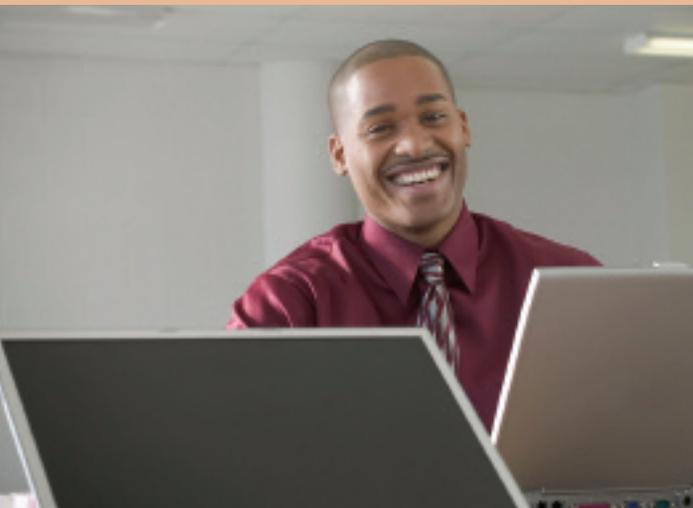
<http://tinyurl.com/3xkf7q>

Booklet which brings together many recipes prepared in heart healthy ways.

### HP201 AFRICAN AMERICAN GATEWAY

[http://hin.nhlbi.nih.gov/minority/aa\\_frameset.htm](http://hin.nhlbi.nih.gov/minority/aa_frameset.htm)

Gateway toward achieving Healthy People 2010 goals; includes resources, conferences and more.



### Prostate Cancer Screening: A Decision Guide for African Americans

<http://www.cdc.gov/cancer/prostate/prospdf/aaprosguide.pdf>

Discusses the pros and cons of prostate screening

*This information is intended to provide you with health information.  
It is not a substitute for consultation with a health professional.*

*This pamphlet can be found ready to print at:*

[http://nnlm.gov/training/resources/african\\_american\\_resources>NNLM.pdf](http://nnlm.gov/training/resources/african_american_resources>NNLM.pdf)



## National Network of Libraries of Medicine

1-800-338-7657 <http://nnlm.gov/>

### Middle Atlantic Region

New York University  
*Delaware, New Jersey, New York, Pennsylvania*

### Southeastern Atlantic Region

University of Maryland, Baltimore  
*Alabama, District of Columbia, Florida, Georgia, Maryland, Mississippi, North Carolina, Puerto Rico, South Carolina, Tennessee, U.S. Virgin Islands, Virginia, West Virginia*

### Greater Midwest Region

University of Illinois at Chicago  
*Illinois, Indiana, Iowa, Kentucky, Michigan, Minnesota, North Dakota, Ohio, South Dakota, Wisconsin*

### MidContinental Region

University of Utah  
*Utah, Colorado, Wyoming, Kansas, Nebraska, Missouri*

### South Central Region

Houston Academy of Medicine  
*Arkansas, Louisiana, New Mexico, Oklahoma, Texas*

### Pacific Northwest Region

University of Washington  
*Alaska, Idaho, Montana, Oregon, Washington*

### Pacific Southwest Region

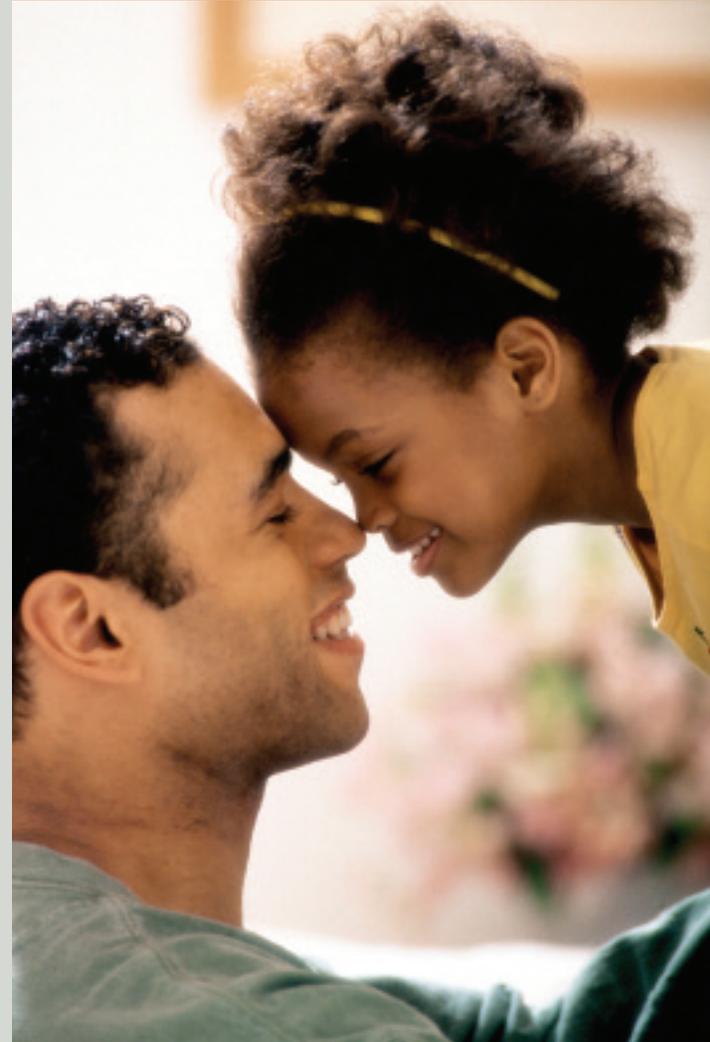
University of California, Los Angeles  
*Arizona, California, Hawaii, Nevada, U.S.-Associated Pacific Basin*

### New England Region

University of Massachusetts Medical School  
*Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont*

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## Resources for Your Health



## Get Connected! African-American Health!